

**YOUNG ADULTS WHO WERE AT-RISK FOR FALLING OFF TRACK BUT HAD A MENTOR ARE:**

**55%** more likely to enroll in college

**78%** more likely to become a volunteer

**90%** are interested in becoming a volunteer

**130%** more likely to hold leadership positions

\*MENTOR: The National Mentoring Partnership



**STRENGTHENING MENTORSHIP THROUGH THE OUTDOORS**

Elevate youth believes in the transformative power of nature, especially for under-served youth who have limited connection with the outdoors.

As a result of continued exposure to outdoor activities and the meaningful relationships formed with adult mentors, our youth become better equipped to make critical career, educational and healthy lifestyle decisions.

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Empowering underserved youth through transformative outdoor experiences.

# MISSION

Our mission is to empower youth from underserved neighborhoods by cultivating long term mentoring relationships through engagement in transformative outdoor experiences.

# VISION

Our vision for Elevate Youth is to deliver long-term life skills development to urban youth through progressive outdoor programs that cultivate the strength of mentoring relationships. We intend to provide value to the communities where we operate. We aim to pursue social justice through critical mentoring, youth empowerment, community service, and advocacy.



# OUR PROGRAMS

## PEAK

- Our “Peak” program is an outdoor adventure activity with duration of 3-6 hours per outing and will consist of 12 outings over the course of 1 year.
- Activities include: hiking, biking, climbing, geo-caching, camping, photography, cross-country skiing, snowshoeing.
- All trips will be lead by trained field instructors, and consist of 5 mentees and 5 mentors.

## HARBOR

- Our “Harbor” program is designed for day trips based on or near the water.
- Activities include: fishing, sailing, seashore discovery, kayaking/canoeing, rafting, as well as environmental education.
- Each trip will be lead by a trained outdoor instructor with knowledge of the environment, activity, and equipped with all necessary gear and training.

## SERVICE

- Our “Service” program runs separately from our outdoor activity based programs but we view our “Peak” and “Harbor” programs as a conduit for enticing youth to participate in these community projects.
- We organize and facilitate service programs within each community we work with, but it is the student leaders who recruit other youths and ultimately lead these projects.

## ELEVATE YOUTH PROGRAMS

- Positive adult relationships
- Peer to peer support
- Safe and secure environment
- Environmental awareness
- Skill building
- Healthy lifestyle
- Exposure to new opportunities



## POSITIVE ATTITUDE CHANGES

- Increased self-efficacy/locus of self-control
- Increased empathy/trust for others
- Increased optimism
- Increased awareness of opportunities



## NON-RISKY BEHAVIORAL CHANGE

- Increased participation in positive activities
- Improved interpersonal relationships
- Increased adherence to rules/boundaries
- Increased goal setting
- Increased willingness to communicate
- Practicing environmental stewardship
- Increased physical activity
- Increased leadership
- Increased school attendance